

TRAFFORD SCHOOL LUNCH MENU

WEEK 3

We Serve 15,000 meals per day, that's 2850,000 per year!

WEEK 2

All our fish is MSC approved and all our bananas and sugar are Fair Trade

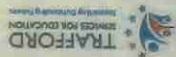
WEEK 1

We support MEAT FREE Mondays

All our Beef is from the UK or Ireland and we can trace every cut of meat back to the Farms of Origin

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza, Wholemeal Base Sweet Potato and Chickpea Curry Rice, Green Beans and Sweetcorn Mango Smoothie	Beef Spaghetti Bolognese, Garlic Bread Vegetable Bolognese Peas and Carrots Raspberry Fruit Jelly	Roast Chicken Dinner with Gravy Quorn Vegan Fillet Roast Potatoes, Cauliflower and Broccoli Strawberry Angel Delight	Pork Sausages & Mash and Gravy Sausage Roll Mash Potato, Peas and Sweetcorn Apple Crumble & Custard	Vegetable Samosa Chips, Baked Beans Flapjack
Tomato Pasta Napolitana, Garlic Bread Macaroni Cheese Peas and Sweetcorn Strawberry Ice Cream	Beef Burger in Wholemeal Bun Quorn Burger Potato Wedges, Sweetcorn and Green Beans Blueberry Muffin Cake	Roast Turkey with Gravy & Yorkshire Pudding Quorn Vegan Fillets Roast Potatoes, Broccoli, and Carrots Sultana and Oat Biscuits	Pork & Carrot Meat Balls in Tomato Sauce Veg Sausage Roll Garlic Bread, Sweetcorn and Cauliflower Fruit Salad and Yogurt	Mini Round Omelettes Salmon Fish Cakes or Fish Fingers Chips, Baked Beans Beetroot Chocolate Cake
Chinese Style Sweet and Sour Vegetables Brown Rice, Carrots and Green Beans Orange Smoothie	Country Cottage Pie, Sweet Potato Topping Vegetable Cottage Pie Cauliflower and Peas Mixed Berry Fruit Jelly	Roast Chicken Dinner, with Gravy Quorn Vegan Fillets Roast Potatoes, Broccoli, and Sweetcorn Lemon Shortbread	Vegan Sausage Roll Homemade Sausage Rolls New Potatoes, Carrots and Peas Peach Crumble	Battered Fish Fillet Vegetable Burgers Chips, Sweetcorn and Beans Mandarin Orange Cake

Trafford Services for Education, Trafford Town Hall, Talbot Road, Trafford, M32 0TH
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We can bespoke our menus to reflect your children's dietary needs, so that school meals can be enjoyed by all children

Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs

Available Daily
 Fresh Salad
 Jugs of Water
 Yoghurt
 Fresh Fruit
 Jacket Potato with Beans or Cheese
 Sandwiches

We only buy dairy from British and Irish farmers

Sept - Feb